

# THE VALLEY HOUSE MENU

## STARTERS

**HOMEMADE SOUP OF THE DAY** €7.50

**SUPERFOOD SALAD** €9.50  
Butternut Squash, Beetroot, Avocado, Quinoa, Toasted Seeds. (VG) CY G SS

**CHICKEN WINGS** €10.50  
Served with Red Hot or BBQ Sauce and Blue Cheese or Garlic Mayo Dip MK CY E  
Mains portion with Chips: €17.50

**BAKED BRIE** €10.50  
Golden Breadcrumbs & Cranberry G MK E

**CLEW BAY MUSSELS** €12.00  
White Wine, Garlic & Cream  
Brown Bread M MK G

**CRAFT BEER BATTERED FISH & CHIPS** €18.00  
Homemade Tartar Sauce, Mushy Peas & Chips F G MK E

**10 OZ STRIPLOIN STEAK** €28.50  
Premium Irish Hereford, Creamy Mash, Broccoli Spears, Sautéed Mushrooms & Onions  
Peppercorn or Garlic Butter Sauce MK

**VALLEY HOUSE SPECIAL BURGER** €18.00  
Irish Premium Beef, Brioche Bun, Smoked Bacon, Brie, Bourbon Poached Pear, Caramelised Onion, Chips G E MK SP  
Plain Burger & Chips €15.00  
Cheeseburger & Chips €16.00

**BEYOND VEGAN BURGER** €15.00  
Vegan Bun, Vegan Cheese, Grilled Onion, Tomato & Lettuce SP SS

## MAINS

**FRESH PAN FRIED FISH** €22.00  
Saffron Cream Sauce, Potatoes & Vegetables F MK

**CLEW BAY MUSSELS** €18.50  
White Wine, Garlic & Cream  
Served with Chips M MK

**CHICKEN STIR FRY** €16.50  
Sweet Chili & Garlic, Egg Noodles G E S SS P  
Prawn €19.50 G E S SS P C  
Vegetable €15.00 G E S SS P

**SUPERFOOD SALAD** €15.00  
Butternut Squash, Beetroot, Avocado, Quinoa, Toasted Seeds. Served with Chips (VG) CY G SS  
with Chicken €18.00 // with Prawns €19.00  
CY G SS C

Gluten Free/Vegan Burger Baps available,  
please ask your server - contains sesame seeds



## DESSERTS

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**ALL DESSERTS €7.50**

### CHOCOLATE BROWNIE

Warm with Ice Cream & Caramel Sauce  
G MK E N

### BAKED VANILLA CHEESCAKE

Blueberry Compote & Cream G MK E

### CHOCOLATE & COCONUT TART

Raspberry Sorbet, Vegan & Gluten Free S N

### LEMON TARTLET

Berry Coulis & Cream G MK E

### SELECTION OF ICE CREAM

Vanilla, Rum & Raisin, Chocolate,  
Strawberry MK E  
Vegan Ice Cream & Sorbet Available



## SIDES

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**Chips €4.00**  
Potato MK  
Vegetables MK  
Mixed House Salad SS  
Garlic Bread G, MK  
Brown Soda Bread G

## JUST FOR KIDS

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**ALL KIDS MEALS €9**

For under-12's only

Irish Beef Burger or Cheeseburger &  
Chips  
For allergens see above


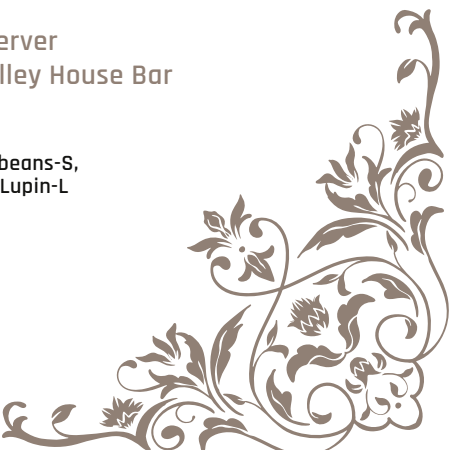

Marinated Chicken or Vegetable Stir  
Fry, Egg Noodles G E S SS SP

Homemade Battered Chicken Goujons,  
Chips or Mashed Potato G, E, MK

Pasta Pesto or Pasta with Tomato  
Sauce, Garlic Bread G, N, MK

Gluten Free & Vegan Options Available, Please Ask Your Server  
Full range of Tea/Coffee/Spirits/Cocktails/Wines Available from The Valley House Bar

Allergens: Gluten-G, Milk-MK, Eggs-E, Crustaceans-C, Mollusks-M, Fish-F, Soybeans-S,  
Peanuts-P, Nuts-N, Celery-CY, Mustard-MD, Sesame Seeds-SS, Sulphites-SP, Lupin-L





## PIZZA MENU

### 12" Stone Baked Pizza

<b>Margherita</b> G, MK Tomato & Mozzarella Cheese	<b>€13.00</b>
<b>The Sally Gardens</b> G, MK Margherita with Olives, Mushrooms, Peppers, Red Onion & Tomatoes	<b>€14.00</b>
<b>The Wild Rover</b> G, MK, SP Margherita with Spicy Pepperoni	<b>€14.00</b>
<b>The Spanish Lady</b> G, MK, SP Margherita with Chorizo, Olives and Peppers	<b>€14.00</b>
<b>The Wild Colonial Boy</b> G, MK, SP Margherita with Pineapple, Ham and Mushroom	<b>€14.00</b>
<b>Molly Malone</b> G, MK, SP, C Margherita with Prawns, Garlic, Rocket & Red Onion	<b>€15.00</b>
<b>Paddy McGinty's Goat</b> G, MK Margherita with Goat Cheese, Cherry Tomatoes, Rocket and Red Onion	<b>€15.00</b>

#### **Extra Toppings €1.50 each**

Mushroom, Peppers, Olives, Ham, Prawns, Pineapple, Rocket, Red Onion, Chorizo, Pepperoni

***Gluten Free Pizza Base available – please ask your Server***

Allergens:

Gluten-G, Crustaceans-C, Eggs-E, Mollusks-M, Fish-F, Soybeans-S, Peanuts-P, Nuts-N, Celery-CY, Mustard-MD, Sesame Seeds-SS, Sulphites-SP, Lupin-L, Milk-MK